



Hello PBA 50 Players, my name is Del Warren a former touring PBA Champion and over 50 player. Yes, I am over 50. Before starting a PBA tournament swing it was always important to me that my game was in top shape. I always wanted to be able to play different parts of the lane while changing hand positions, etc. However, back in the day, we did not have the tools like video, C.A.T.S. and the level of coaching understanding that we have today, specifically at the Kegel Training Center. We have tools that can objectively measure all of the critical components that make up. Through the use of C.A.T.S. and Video along with our knowledge of equipment and lane break down we can help you develop an arsenal and plan for each of the events you will be preparing for. All of our coaches understand what it takes to be competitive and can help you prepare.

After looking at your touring schedule this year it occurred to Randy Stoughton and me that many of you would benefit from having a tune up for the upcoming PBA 50 Touring swing. We are located in central Florida where the swing starts.



### PBA Programs



**Lessons** – Private or Group – The training center offers full and half day sessions. Our coaches will work with you on any topic that you need. If you aren't sure what you need they will help you develop a plan. Each lesson includes a C.A.T.S. report as well as a take home DVD. You also have access to the coaches for follow up as needed.

**Practice Only** – Let us put out patterns for you to practice on. You will have access to C.A.T.S. to analyze how effectively you are matched up to each pattern. With the flattest lanes on the planet you can truly understand what your equipment does.

**Full Service Pro Shop** – Take advantage of our extensive knowledge of equipment and fitting techniques. From minor tweaks to full arsenal recommendations we can help you prepare the tools needed to be competitive in today's environment.

**Touring 1 Players receive free training and practice while we offer 25% off to any other PBA Member.** For more information you can reach us at: 1-800-280-2695